

STILLWATER MIDDLE/HIGH SCHOOL
ATHLETIC DEPARTMENT
STILLWATER, NEW YORK 12170

Dear Parents:

In an effort to minimize distractions during state and final exam preparation in the month of June, the athletic department will be offering both spring and fall sports sign-ups from February 6th – 17th.

Attached is a list of sports that are offered for students in grades 7-12. Any student participating in interscholastic athletics this spring or the fall of 2012 must have a school physical, a permission form signed by the parent, and an athletic health history form completed by the parent/guardian. These forms need to be returned to the school nurse, at which time our school physician will give a sports physical.

If your child does not meet the sign up deadline, parents are required to pick up the proper forms from the school nurse and return them after he/she gets the required sports physical from their personal physician using the Stillwater Central School required sports physical form. Please be reminded that the school nurse is not here during the summer months. Athletes without the proper paperwork are not eligible for participation.

If your child is interested in participating in a spring sport this year or a sport next fall, he/she needs to pick up these forms from one of the people listed on the attached flyer. There are many positive benefits of participating in interscholastic sports. Please discuss this opportunity with your child. Prior to the end of the school year coaches will meet with students who have signed up for fall sports.

If you have any questions please do not hesitate to contact me.

Thank you,

Michael Kardash
Athletic Director

Michael Kardash, Athletic Director
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Phone 518-373-6135

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Sign-up for Spring Sports

Boys Varsity/JV Baseball – grades 9-12
Boys 7th & 8th grade modified baseball

Girls Varsity/JV Softball – grades 9-12
Girls 7th & 8th grade Modified Softball

Varsity Track – grades 9-12
Modified Track – grades 7 & 8

**See your PE teachers, school nurse, student center,
or the athletic director for athletic health history
form and sign-up cards**

(Sign-ups End February 17th)

**STILLWATER MIDDLE/HIGH SCHOOL
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Sign-up for Fall Sports

Varsity/JV Football – students presently in grades 8-11

Modified Football – students presently in grades 6 & 7

Boys/Girls Varsity & JV Soccer – students presently in grades 8-11

Boys/Girls Modified Soccer – students presently in grades 6 & 7

Girls Varsity/JV Volleyball – students presently in grades 8-11

Girls Modified Volleyball – students presently in grades 6 & 7

Golf – students presently in grades 6-11

(Students in grades 7th & 8th must show proficiency in skill level)

Cheerleading – students presently in grades 8-11

CROSS COUNTRY – students presently in grades 8 - 11

***See your PE teachers, Student Center,
School Nurse, or the Athletic Director for
sign-up cards***

Sign-ups end February 17th